

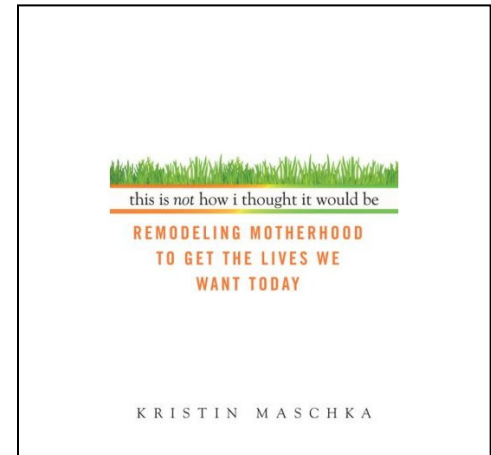


**Presents**  
**Remodeling Motherhood**

**Date: Tuesday, March 9<sup>th</sup>**

**Time: 7:00 p.m.**

**Location: Sprague Library in Sugarhouse  
2131 Highland Drive**



**Free to the public. Membership is not required to attend.**

Come and rejuvenate yourself during our Remodeling Motherhood meeting. This is a time when we can share our stories and offer each other the reassurance and support that leads mothers to Mothers & More.

Every mother has a moment of epiphany when the disconnect between "ideal family life" and real life becomes all too clear. This meeting based upon chapters from Kristin Machka's book "This is NOT How I Thought It Would Be" Remodeling Motherhood to Get the Lives We Want Today will stimulate discussions that explore this disconnect.

We hope you can join us for this fun and insightful evening!

**Mothers & More uniquely provides its members with opportunities to:**

- **re-connect with their whole selves and the "more" they are looking for in life,**
- **connect with other mothers in their neighborhoods and across the nation, face-to-face and virtually, to share, learn, grow and have fun,**
- **recognize how their daily lives are affected by, and find ways to deal with, society's assumptions about mothers and motherhood.**